



LEAD*

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AOB LEAD^{*}

- better people management.

Our experts have created the LEAD-program for leaders and managers. The program brings together key aspects of today's working life and practical skills for better leadership.

The program will be implemented flexibly online.

- **What:** Program to develop the most important leadership skills
- **To whom:** Managers and leaders
- **Why:** The most important task of a leader is to enable employees to succeed at work, to find their own potential.





Develop your resilience

The ability to function in a constantly changing environment is not an trait but a learned skill. In this training you will explore and develop your own resilience!



See & show the person behind the actions

An organization is just a concept; there are only people & personalities. It is important to see the other person as a complete package and to understand that we are dealing with human experiences.



Coaching leadership

According to research, coaching leadership enhances individuals' well being and boosts productivity within the organization.



Psychological Safety

Psychological safety affects a team's performance, its climate, knowledge sharing and creativity. How to create a sense of psychological safety in your team?



Navigating conflicts

This tutorial gives you a good set of tools to change conflicts into learning. It gives you three new ways of handling conflicts – what are they?



Better feedback

Feedback is about recognizing what have you done so far and how could you develop your actions further. It is a crucial factor in developing individuals and organizations.



High performing team

The quality of co-operation determines the outcome of the work. This training focuses on the most common challenges of teamwork and the best solutions to conquer them?



Succeed in Remote Leadership

Well-led remote work also increases your employees' work satisfaction. However, the success of a remote team will largely depend on how the team is led. This tutorial goes through the best practices for leading a remote team.

Leadership starts from self-awareness

The world is increasingly complex, uncertain and less predictable. For organizations to succeed in a changing world, everyone's brain is needed for use, and skilled leaders to unite these wise heads.

Leadership begins from within. In order to lead others, one must be able to lead oneself. Self-management is based on self-knowledge. A good leader knows his or her own strengths, behavior and attitudes. They also need to take feedback from others and constantly developed as a leader.

Coaching provides practical tools for understanding one's own and others' activities under pressure. A good example is conflict situations. They weigh the leader's ability to see himself and another person.



Team climate - Creating prerequisite for cooperation

Leading people is about creating the conditions for collaboration and achievement - experiences of appreciation, trust and security - in everyday interaction situations. Success is the result of well-working relationships and teamwork.

High performing team-tutorial gives you the tools to develop your team. You will learn how to create and influence the team climate, not only through commonly agreed policies and goals, but especially through good quality interaction.



Influence people!

Leadership is also about showing direction and correcting when needed. It is impossible for an individual leader to control everything, let alone know what the employees are doing and what problems they are solving. At its best, a leadership role serves the success of others, directs energy, and ensures an organization's responsiveness in a complex operating environment.

Coaching leadership is a powerful tool for directing energy. The program reviews the basic principles and the best practices of coaching leadership.

Giving feedback is an important practical skill that the program also explores and develops.



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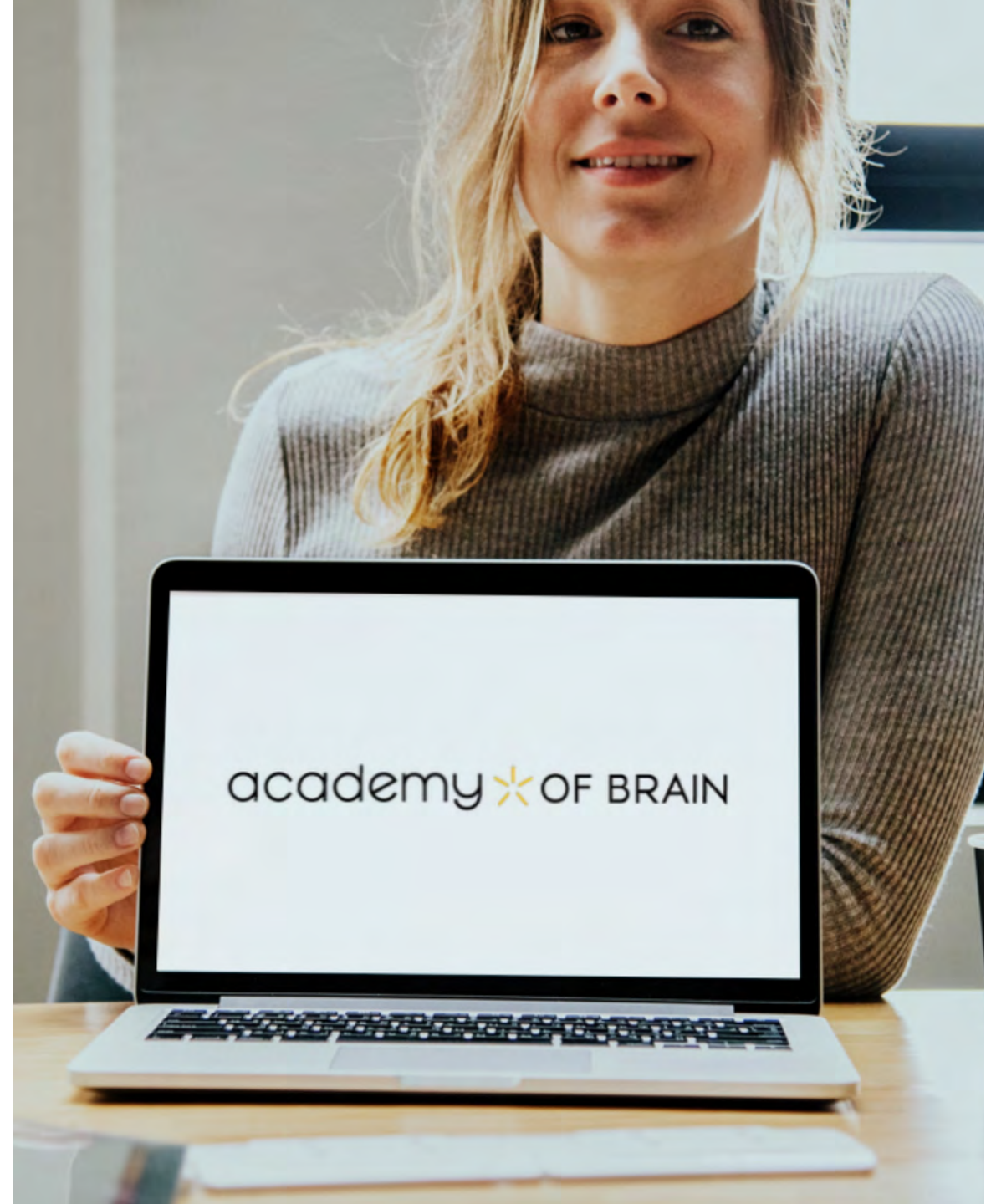
From these starting points our experts have created the LEAD program for leaders and managers.

The most important task of a manager is to enable the employees to succeed at work, to find their own potential. The program brings together key aspects of today's working life and practical skills for better leadership.

Time: 15 h

Videos: 74 (average duration 5 min)

Exercises: 59



Academy of Brain

Academy of Brain's tutorials base on scientific research, expertise, and practical experience. Academy of Brain's advisory board ensures the quality of the tutorials creating the best learning experience for you!

The board consists of three members: Psychologist Ph.D. Ville Ojanen, Leadership coach Jarmo Manner and Professor of Educational Sciences, Minna Huutilainen.

You can choose when and where to develop yourself and your wellbeing – the service is mobile-friendly.

- Scientifically proven methods
- Great scripts
- Natural and credible acting
- High-quality animations to enhance learning

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